

No Bake Granola Balls

Ingredients:

- 1 Cup of Oats
- ¼ Cup Honey
- 3 Tablespoons of Flax Seed
- ½ Cup of Peanut Butter
- ¼ Teaspoon Vanilla
- ½ cup Chocolate Chips

Instructions:

1. In a medium bowl combine oats, flax seed, peanut butter, honey vanilla and chocolate chips.
2. Mix all ingredients with wooden spoon.
3. Using your hands grab a small amount of the mixture and roll it into a ball shape and place on a baking sheet or plate and set in the fridge to set.
4. Once balls are set place in an airtight container or zip lock bag and place in the fridge for up to a week or a freezer for up to 3 months.